



Pittsboro Pediatric Psychology and ADHD Clinic  
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#### **4. HIPAA Email/Text Consent (PPP+ADHD)**

HIPAA stands for the Health Insurance Portability and Accountability Act.

HIPAA was passed by the US Government in 1996 in order to establish privacy and security protections for health information.

Information stored on our computers is encrypted.

Most popular email services (e.g., Gmail, Yahoo, Hotmail) do not utilize encryption.

If and when we send you an email, or you send us an email, the information is not encrypted. This means a third party may be able to access the information and read it since it is transmitted over the Internet. In addition, once an email is received by you, someone may be able to access your email account and read it.

Email is a very popular and convenient way to communicate for a lot of people, so in a modification to the HIPAA, the federal government provided guidance on email and HIPAA.

The information is available in a PDF (page 5634) on the US Department of Health and Human Services (DHHS) website: <http://www.gpo.gov/fdsys/pkg/FR-2013-01-25/pdf/2013-01073.pdf>.

The guidelines state that if a client has been made aware of the risks of unencrypted email, and that same client provides consent to receive health information via unencrypted email, then a health entity (provider) may send that client personal medical information via unencrypted email.

If you understand the risks of unencrypted email and give permission to Pittsboro Pediatric Psychology & ADHD Clinic to send you personal health information via unencrypted email, select "I consent to unencrypted email" and provide covered email address(es) in the box(es) below. If you do not wish to receive personal health information via email, select "I do not consent to unencrypted email" and do not provide any email address(es) on this form. You understand that you will not get emailed appointment reminders and that invoices will be sent by US Mail.

Email Consent Selection:

Email address covered by this consent:

Email #2:

Email #3:

Text (SMS) is likewise a very convenient method of communication favored by many clients. Most text (SMS) services also send information unencrypted. Signal is a text (SMS) service that provides end-to-end encryption of information but

requires that both individuals have the app installed on their devices. Pittsboro Pediatric Psychology & ADHD Clinic uses the Signal app when sending text (SMS) messages. If you provide your consent and provide phone number(s) on this form, you agree to install the Signal app on your devices and/or accept the risk of sending and receiving unencrypted information ytext (SMS). If you do not wish to use text (SMS), select "I do not consent to text (SMS) and do not provide any phone numbers on this form.

Text (SMS) Consent Selection:

Phone number(s) covered by this consent:

Type name of client here as signature.:

Client's Date of Birth:

If client is under 18 years of age, type name of authorized representative (and relationship) here as signature.: